

# NEWSLETTER

www.chisouthfl.org



*"Patient Care Comes First"*



## Message from the CEO

### LOCATIONS

**Urgent Care Center**  
Open 7 days  
10300 SW 216 Street  
Miami, Florida  
305-253-5100

**Doris Ison**  
10300 SW 216 Street  
Miami, Florida  
305-253-5100

**Naranja Health Center**  
13805 SW 264 Street  
Naranja, Florida  
305-258-6813

**South Dade Health Center**  
13600 SW 312 Street  
Homestead, Florida  
305-242-6069

**Everglades Health Center**  
19300 SW 376 Street  
Florida City, Florida  
305-246-4607

**MLK Clinica Campesina**  
810 W. Mowry Street  
Homestead, Florida  
305-248-4334

**West Perrine Health Center**  
18255 Homestead Ave  
Perrine, Florida  
305-234-7676

**Behavioral Health Center**  
10300 SW 216 Street  
Miami, Florida  
305-253-5100

**Marathon Health Center**  
2855 Overseas Highway  
Marathon, Florida 33050  
305-253-5100

Probably the most surprising thing about diabetes is that there are still so many people who don't know they have the disease. It certainly gets enough publicity and nearly everybody knows somebody who has diabetes. There is an epidemic of childhood diabetes caused by lack of exercise and poor diet. It causes blindness, heart disease, kidney disease, amputations and other illnesses.

Everyone also knows that the test for diabetes is simple, beginning with pricking the fingertip for a small blood sample. If that produces suspicious results, other blood tests are used to confirm the diagnosis. Free diabetes tests are offered at health screenings on a regular basis in many places, including CHI.

The complications of diabetes take a long time to develop, and diabetes itself produces few dramatic symptoms that signal danger. Also, knowing you have diabetes requires changing to a healthier lifestyle, so people would rather not know. Diabetes is a disease in which the body does not produce or properly use insulin, which is a hormone that is needed to convert sugar, starches and other food into energy. The cause of diabetes continues to be a mystery, although both genetics and environmental factors such as obesity and lack of exercise appear to play roles.

There is also a condition known as "pre-diabetes" which means the blood sugar readings are above normal, but not so high as to result in a diagnosis of diabetes. But the message is the same – you need to eat better, lose weight and get more exercise to avoid or postpone the complications of the disease. Really, though, shouldn't we all be doing that anyway, diabetes or not?

If you and your family members have not been tested recently for diabetes, please do so! We have the resources to easily do that for you here at CHI, and we also have all of the expertise to help you cope with the disease.

Brodes H. Hartley, Jr.  
President & CEO



### Accountability and Compliance Today (ACT)



[www.prestigehealthchoice.com](http://www.prestigehealthchoice.com)  
1800-611-0786 member services  
1800-617-5727 provider services

# 2010 Employee Awards Banquet

By: Kerri-Ann Forbes



Eunice Hines, Joseph Rabaonary & Ivory Williams

## CHI EMPLOYEE OF THE YEAR

Winner: Joseph Rabaonary

## PROVIDER OF THE YEAR

Winner: Robert Johnson, DDS  
1st Runner Up: Lloyd Miller, MD  
2nd Runner Up: Lachanda Dudley, MD



Dolly Singh, Kimberly Ivey, & Maria Smith



BrodesH. Hartley, Jr. & Monica Mizell

## SUPERVISOR OF THE YEAR

Winner: Monica Mizell, RN  
1st Runner Up: Elizabeth Philippe, MD  
2nd Runner Up: Luis Vasquez, LPN



Dr. Anthony Amofah & Dr. Robert Johnson

## DORIS ISON EMPLOYEE OF THE YEAR

Winner: Joseph Rabaonary  
1st Runner Up: Eunice Hines  
2nd Runner Up: Ivory Williams



Lesiu Dixon- Greene, Latronda Shelby & Roxana San Roman

## BHCC EMPLOYEE OF THE YEAR

Winner: Kimberly Ivey  
1st Runner Up: Maria Smith  
2nd Runner Up: Dolly Singh



Brodes Hartley, Jr. & Allison Madden

## SATELLITE SERVICES EMPLOYEE OF THE YEAR

Winner: Latronda Shelby  
1st Runner Up: Roxana San Roman  
2nd Runner Up: Lesiu Dixon-Greene



Brodes H. Hartley Jr. & Alba Abreu on behalf of Maria Gorelick, MD



Ida Hernandez & Brodes H. Hartley, Jr.

## CEO Award Recipients

Maria Gorelick, MD  
Ida Hernandez  
Allison Madden



Toni & Robert Fuller

Special thanks to the activity committee for organizing and executing this fantastic event!



Party Time!

## ACTION Hero



Latavia Riggins started working at CHI in October of 2007 in the Americorp Program. She proudly served a 1 year term as an Americorp Volunteer. She later joined CHI's Managed Care Staff in 2008, where she currently process's referrals for all of our CHI patient's and CHI Staff as well. She is a proud parent of two daughters and would like to pursue a career in Social Work in the near future. Thank you for your continuous hard work and dedication Latavia!

Brodes H. Hartley, Jr. and Latavia Riggins

## Senator Bill Nelson Visits CHI



By: Joe Prater

Community Health of South Florida, Inc. and Colonel Brodes H. Hartley, Jr. were honored by a visit from Senator Bill Nelson on September 20, 2010. Senator Nelson received an overview and tour of CHI and provided insight on healthcare reform, to include changes in the Medicaid program. An interesting question from Senator Nelson as he viewed slides showing the large number of uninsured patients served by CHI was, "Why doesn't CHI have more Medicaid patients given the fact that almost 70% of your patients are uninsured?" This question provided Colonel Hartley with the opportunity to demonstrate how important Senator Nelson's support is for funding of community health centers as he described citizenship, residential, and other DCF requirements that renders portions of CHI's patient population as being ineligible for Medicaid coverage, but still needing the care that CHI provides.

Florida Senator Bill Nelson with Colonel Brodes H. Hartley, Jr., and CHI Corporate Staff.

## Healthy Living Is Free!



By: Eunice Hines



With assistance from the Health Foundation of South Florida, CHI has adopted Stanford University's Chronic Disease Self-Management Program to further help the seniors in our community. This workshop is offered to everyone in both English and Spanish; the class is given in two and a half hours, once a week, for six weeks and is completely free. People with different chronic health problems and their caregivers can attend together. Workshops are facilitated by trained staff. The workshop overview includes techniques to deal with frustration, fatigue, pain and depression. We use appropriate exercises for maintaining and improving joint flexibility, health nutrition, appropriate use of medications, how to communicate effectively, and much more. Classes are highly participative, and mutual support and success build the participants' confidence in their ability to manage their health and maintain an active lifestyle.



Please help support CHI to serve the elderly in our community by promoting this free program within your family, community, church, and social groups. For more information call 305-252-4871. Let's encourage our elderly to continue making choices towards Healthy Living!

## Joint Commission: 2010 Long Term Care National Patient Safety Goals

### 2010 Hospital National Patient Safety Goals

The purpose of the National Patient Safety Goals is to improve patient safety. The Goals focus on problems in health care safety and how to solve them.

#### Identify patients correctly

Use at least two ways to identify patients. For example, use the patient's name and date of birth. This is done to make sure that each patient gets the medicine and treatment meant for them.

Make sure that the correct patient gets the correct blood type when they get a blood transfusion.

#### Improve staff communication

Quickly get important test results to the right staff person.

#### Use medicines safely

Label all medicines that are not already labeled. For example, medicines in syringes, cups and basins.

Take extra care with patients who take medicines to thin their blood.

#### Prevent Infection

Use the hand cleaning guidelines from the Centers for Disease Control and Prevention or the World Health Organization.

Use proven guidelines to prevent infections that are difficult to treat.

Use proven guidelines to prevent infection of the blood from central lines.

Use safe practices to treat the part of the body where surgery was done.

#### Check patient medicines

Find out what medicines each patient is taking. Make sure that it is OK for the patient to take any new medicines with their current medicines.

Give a list of the patient's medicines to their next caregiver or to their regular doctor before the patient goes home.

Give a list of the patient's medicines to the patient and their family before they go home. Explain the list.

Some patients may get medicine in small amounts or for a short time. Make sure that it is OK for those patients to take those medicines with their current medicines.

#### Identify patient safety risks

Find out which patients are most likely to try to kill themselves.

[http://www.jointcommission.org/GeneralPublic/NPSG/10\\_npsgs.htm](http://www.jointcommission.org/GeneralPublic/NPSG/10_npsgs.htm)

## 2010 Theme: ACT

# ACT– Accountability and Compliance Today

### Current Events

Daylight Savings Time Ends	November 7
Veterans Day (Health Centers Closed)	November 11
Prematurity Awareness Day	November 16
Great American Smokeout	November 18
National Survivors of Suicide Day	November 20
Happy Thanksgiving Day	November 25
Health Centers Closed	November 26

### Learn about SPEC at CHI!

#### What is SPEC all about?

SPEC promotes well-being by concentrating on people's strengths, preventing foreseeable problems, providing voice and choice, and changing community conditions that lead to suffering.

Learn More At:

[www.specway.org](http://www.specway.org)