

# NEWSLETTER

www.chisouthfl.org



*"Patient Care Comes First"*



## Message from the CEO



### LOCATIONS

#### Urgent Care Center

Open 7 days  
10300 SW 216 Street  
Miami, Florida  
305-253-5100

#### Doris Ison

10300 SW 216 Street  
Miami, Florida  
305-253-5100

#### Naranja Health Center

13805 SW 264 Street  
Naranja, Florida  
305-258-6813

#### South Dade Health Center

13600 SW 312 Street  
Homestead, Florida  
305-242-6069

#### Everglades Health Center

19300 SW 376 Street  
Florida City, Florida  
305-246-4607

#### MLK Clinica Campesina

810 W. Mowry Street  
Homestead, Florida  
305-248-4334

#### West Perrine Health Center

18255 Homestead Ave  
Perrine, Florida  
305-234-7676

#### Behavioral Health Center

10300 SW 216 Street  
Miami, Florida  
305-253-5100

#### Marathon Health Center

2855 Overseas Highway  
Marathon, Florida 33050  
305-253-5100

Breast cancer is the most common cancer in women, except for skin cancers. It is the second leading cause of cancer death in women, behind lung cancer. As with most cancers, early detection of breast cancer greatly improves chances for survival. Women living in North America have the highest rate of breast cancer in the world, and African American women are more likely than all other women to die from breast cancer.

National Breast Cancer Awareness Month began in 1985 to encourage women to be aware of the early signs of breast cancer and to have an annual checkup. Women should learn to examine their breasts each month for any lumps or irregularities and see a doctor immediately if they find anything unusual. While breast lumps are always frightening, most are not cancer. An examination of breast and underarms by a doctor or nurse should be a regular part of your annual check-up. Most important, all women starting at age 40 should get a mammogram each year. This will detect breast cancer that is too small for you or your doctor to feel, and is the best way to detect cancer early. If you have a family history of breast cancer, your doctor may want to begin mammograms earlier.

While doctors still don't know how to prevent breast cancer, you can reduce your risk by keeping a healthy weight and limiting how much alcohol you drink. Beyond that, early diagnosis gives a woman more treatment options and makes it more likely she will survive the cancer. It has been known for some time that African-American women are more likely to die from breast cancer than other women, and the most likely reason was that diagnosis of the disease was not made in a timely manner because of lack of access to health care. Mammograms are a basic part of the health care services we provide at CHI, and there is no reason for a woman not to have a mammogram each year. Please encourage your friends to make use of this important service.

Brodes H. Hartley  
President & CEO

### Accountability and Compliance Today (ACT)



HEALTH CHOICE.

Leading the Way to Quality Care

[www.prestigehealthchoice.com](http://www.prestigehealthchoice.com)

1800-611-0786 member services

1800-617-5727 provider services



"Patient Care Comes First"

*On Behalf of the  
CHI Board of Directors,  
the President and CEO,  
Brodes H. Hartley Jr.  
and all CHI Staff.*



# THANK YOU!

*for your continued advocacy  
efforts and support, so that CHI may  
continue to provide care to the residents of  
South Florida.*

CHI is a not-for-profit corporation partially sponsored/funded by the Florida Department of Children & Families, District 11; the Florida Department of Health; HRSA, Bureau of Primary Health Care; Public Health Trust of Miami-Dade County; and the Health Foundation of South Florida

## Facts on Fat Employee Wellness Presentation



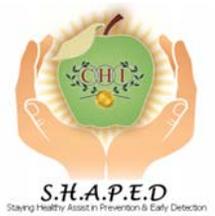
Claudia Correa a registered dietitian and Wellness Coach from the Florida Heart Research Institute visited with CHI on September 7th to present “Facts on Fat” for Employee Wellness. The presentation was excellent and gave us new insight to good fats and bad fats, how to read food labels and food trends.

Fat is an essential nutrient of sound nutrition that provides:

- Organ protection
- Hormone balances
- Preserves body heat
- Promotes healthy skin and hair
- Long lasting fuel source for low-intensity exercise

**This is the amount of fat found in 1/2 cup of ice cream.**

The white is saturated fat - 7.4 grams  
The clear is unsaturated fat - 3.9 grams



## Goodbye Medical Manager, Hello Intergy

CHI will be replacing the existing Medical Manger with a new electronic health record system called Intergy. This system will allow us to:

- Control clinical information by providing us with a customized system that will adapt to the current workflow.
- Scan hard-copy documentation into the system and you get instant access to accurate information, simultaneously from multiple locations.
- Document the entire patient encounter using structured, codified data that is both reportable and provides accurate coding support.
- Complete the visit by electronically ordering lab tests, submitting prescriptions electronically, and documenting required follow up and plan of care.
- Improve coding accuracy and reporting by using the nomenclature in Encounter Note.
- Maximize billing efficiencies by integrating with the Sage Intergy practice management system.
- Request and obtain lab tests and results electronically with integration directly into the patient records.
- Reduce labor associated with manual reporting to immunization and disease registries.
- Eliminate misplaced / lost paper charts with electronic storage and retrieval of documents and images.
- Improve security of patient data with enhanced patient privacy options.

## Cultural Awareness Day - Friday, October 15th, 2010



Cultural Awareness Day will be on Friday, October 15th. All employees are encouraged to clean their work stations during the first half of the day and then the festivities begin at noon. Share your culture, history, music and native foods with your fellow staff!

## ACTion Hero



Mr. Brodes Hartley, Monica Mizell, Sharone Washington,  
Shante Johnson, Mae Goins

Shante Johnson and Sharone Washington are the ACTion Heroes this month. Both young ladies were surprised and honored to receive this award directly from Brodes H. Hartley, Jr., President & CEO, and their supervisors, Monica Mizell, Nursing Supervisor and Mae K. Goins, V.P. of Nursing.

Shante Johnson, LPN joined the CHI nursing team in June 2005. She is the team leader at MLK Family Medicine unit 2. Ms. Johnson is pursuing her RN degree at Miami Dade College and is the proud mother of four children.

Sharone Washington, LPN joined the CHI nursing team in June 2006. She is the team leader at MLK Family Medicine unit 1. Ms. Washington has a 2 year old son, Tracy and an 18 year old daughter, Shakiyla. Her daughter is a freshman at FAMU majoring in English.

Together on June 10, 2010, these two dynamic nurses demonstrated the call to nursing by going above and beyond their daily duties to assist a patient at the MLK Clinica Campesina, Family Medicine unit. Keep up the good work! CHI is very fortunate to have employees like Shante Johnson, and Sharone Washington.

## You Are What You Eat

Information courtesy of the Academy of General Dentistry

Pop, candy, coffee—you've heard the countless number of things that will cause dental erosion, abrasion, and tooth loss, but eating habits matter just as much as what you consume. According to a study published in the September/October 2007 issue of *General Dentistry*, the clinical, peer-reviewed journal of the Academy of General Dentistry (AGD), eating disorders play a major part in dental erosion, abrasion, and tooth loss, as the consumption of foods or beverages that contain acids cause damage to tooth structure.

The study focuses on pica, an eating disorder that is described as "the hunger or craving for non-food substances," explains Betty Shynett, DDS, FAGD, one of the authors of the study. It involves a person persistently mouthing and/or ingesting nonnutritive substances for at least a period of one month at an age when it is considered developmentally inappropriate. These nonnutritive substances include things that most would consider repulsive, such as coal, laundry starch, and plaster, but also includes substances that most are guilty of nibbling on, such as pencil erasers, ice and fingernails. Pica itself is considered to be connected with mineral deficiencies, cultural practices, depression, stress and anxiety.

## CHI Security Update



Always wear your badge.

Be alert.

Look out for your fellow employees.

## Happy Halloween!

Have a Healthy and Happy Halloween this year!

- \* Give children a healthy meal or snack before trick or treating so they won't be as tempted to dig into goodies before they get home.
- \* Put the candy out of sight the day after Halloween and ration out the treats.
- \* Divide some of the goodies into freezer bags and use later.
- \* Cut up candy bars and use in baking for cookies and cakes.

## Joint Commission: 2010 Office Based Surgery National Patient Safety Goals

### Identify patients correctly

Use at least two ways to identify patients. For example, use the patient's name and date of birth. This is done to make sure that each patient gets the medicine and treatment meant for them.

Make sure that the correct patient gets the correct blood type when they get a blood transfusion.

### Use medicines safely

Label all medicines that are not already labeled. For example, medicines in syringes, cups and basins.

### Prevent infection

Use the hand cleaning guidelines from the Centers for Disease Control and Prevention or the World Health Organization.

Use safe practices to treat the part of the body where surgery was done.

### Check patient medicines

Find out what medicines each patient is taking. Make sure that it is OK for the patient to take any new medicines with their current medicines.

Give a list of the patient's medicines to their next caregiver. Give the list to the patient's regular doctor before the patient goes home.

Give a list of the patient's medicines to the patient and their family before they go home. Explain the list.

Some patients may get medicine in small amounts or for a short time. Make sure that it is OK for those patients to take those medicines with their current medicines.

[http://www.jointcommission.org/GeneralPublic/NPSG/10\\_npsgs.htm](http://www.jointcommission.org/GeneralPublic/NPSG/10_npsgs.htm)

## 2010 Theme: ACT

# ACT– Accountability and Compliance Today

### Current Events

National Sarcoidosis Week	October 1-7
Hearing Aid Awareness Week	October 3-10
National Child Health Day	October 4
CHI Cultural Awareness Day	October 15
World Food Day	October 16
National Mammography Day	October 22
Lung Health Day	October 27

### Learn about SPEC at CHI!

What has SPEC been up to?

The results of the CHI SPEC project have been compiled, so thanks to all the wonderful employees that participated in focus groups and interviews! A formal presentation of these results to Corporate Staff and the Board of Directors is coming. In addition, look out for the second round of "Margarita Mondays" coming to a site near you.