

# NEWSLETTER

www.chisouthfl.org



*"Patient Care Comes First"*



## Message from the CEO

A report by the U.S. Surgeon General shows that second-hand smoke is even more dangerous than everyone thought. It states there is no "risk-free" level of secondhand smoke, and that non-smokers exposed to secondhand smoke increase their risk of heart disease and lung cancer by 20 to 30 percent. Florida is ahead of most of the country in banning smoking in indoor locations, yet many people are still exposed to secondhand smoke in bars and social settings, and even at home.

Judging by the number of cigarette butts in and around the ashtrays at the CHI entrances, we are not doing a very good job in convincing our patients (and even some of our employees) about the dangers of smoking not only to themselves, but to their families.

The government is now telling you that smoking at home will increase your children's risk of heart disease and lung cancer by 20 to 30 percent. It also increases the risk for sudden infant death syndrome (SIDS), respiratory problems, ear infections, and asthma attacks in infants and children. That sounds like a pretty effective nonsmoking message!

The Department of Health and Human Services (HHS) is committed to helping communities reduce smoking prevalence and decrease exposure to secondhand smoke. HHS Secretary Kathleen Sebelius has even launched aggressive Anti-Smoking campaigns. "Tobacco use is the single most preventable cause of disease, disability, and death in the United States," said Secretary Sebelius. Quit Smoking Today! <http://www.lungusa.org/stop-smoking/>



Brodes H. Hartley, Jr.  
President & CEO

### Accountability and Compliance Today (ACT)



[www.prestigehealthchoice.com](http://www.prestigehealthchoice.com)  
1800-611-0786 member services  
1800-617-5727 provider services

### LOCATIONS

**Urgent Care Center**  
Open 7 days  
10300 SW 216 Street  
Miami, Florida  
305-253-5100

**Doris Ison**  
10300 SW 216 Street  
Miami, Florida  
305-253-5100

**Naranja Health Center**  
13805 SW 264 Street  
Naranja, Florida  
305-258-6813

**South Dade Health Center**  
13600 SW 312 Street  
Homestead, Florida  
305-242-6069

**Everglades Health Center**  
19300 SW 376 Street  
Florida City, Florida  
305-246-4607

**MLK Clinica Campesina**  
810 W. Mowry Street  
Homestead, Florida  
305-248-4334

**West Perrine Health Center**  
18255 Homestead Ave  
Perrine, Florida  
305-234-7676

**Behavioral Health Center**  
10300 SW 216 Street  
Miami, Florida  
305-253-5100

**Marathon Health Center**  
2855 Overseas Highway  
Marathon, Florida 33050  
305-253-5100

## 2010 National Health Center Week

By: Romanita Ford

The theme for the 2010 National Health Center Week is: "*Celebrating America's Health Centers: Turning the Vision into Reality.*" This theme highlights the 45 years of Community Health Centers providing affordable, high quality, cost-effective health care, regardless of ability to pay. National Health Center Week also provides an opportunity to focus on the progress we have made toward fulfilling the goal of our Access for All America plan to provide health care to 30 millions patients by 2015. CHI believes in celebrating National Health Center Week throughout the month of August.

**August 7<sup>th</sup>:** CHI held the Third Annual Henry Schein Healthy Family/ Healthy Communities Health Fair. The program is designed to promote access to health care by providing free dental, cholesterol, hypertension, asthma, diabetes and obesity screenings and educational information. The event was held this year at our Doris Ison Center, and was sponsored by Henry Schein, Inc., and co-sponsored by Prestige Health Choice, Gold Coast Physician Partners, United Health Care, the Community Health Foundation, Robert Barnes Associates and the Florida Heart Research Institute.

CHI screened over 500 families from the surrounding communities. It was a fun filled day with face painting, entertainment, bounce houses, guest appearances by Ronald McDonald from the Ronald McDonald House, T.D. the Miami Dolphins Mascot, and a display of the Homestead Speedway Pace car. In addition, representatives from Miami-Dade County Police Department, Community Crime Bus, Miami-Dade Rescue Helicopter and the D.A.R.E. car was on site. Free hamburgers, hot dogs, tee shirts and backpacks were given to children and families that participated in the event.

**August 11, 2010:** Healthcare for the Homeless- Members from CHI's Board of Directors, staff members and Sunshine Club Volunteers served lunch at the Homestead Soup Kitchen.

Florida Heart Research Institute (FHRI) performed health screenings at Community Partnership for the Homeless, where over 50 residents were screened for cardiovascular risk factors. Health education information was provided by CHI's Community Outreach Workers. Children residing at Community Partnership for the Homeless enjoyed an exciting day in the bounce house and many received face painting. Children and parents were happy to receive free back packs from CHI sponsored by Prestige Health Choice.

**August 13, 2010:** Healthcare Forum at Signature Gardens – Brodes Hartley, CHI's President & CEO opened the luncheon with an overview of CHI. Other presenters included Dr. Jayne Greenberg from the Miami Dade County Public Schools who highlighted the partnership with CHI in the support of the \$1.5 m Physical Education Program (PEP Grant) and Dr. Marc Rivo, Chief Medical Director of Prestige Health Choice. Dr. Rivo provided highlights of Health Choice Network (HCN) and Prestige Health Choice.

Dr. Reed Tuckson, Executive Vice President and Chief of Medical Affairs of United Healthcare was our Keynote speaker. He challenged the audience of more than 370 to better understand the opportunities, accountability and changes resulting from healthcare reform legislation. The Faces of Hope Exhibition was sponsored by UnitedHealth Group Foundation. CHI thanks the South Florida Boys and Girls Choir and our Luncheon Forum sponsors United Healthcare, Prestige Health Choice, Cisco, Floridian Partners, Gold Coast Physician Partners, All Air of South Dade, Transphoton, Florida Heart Research Institute, CareerBuilder and TD Bank.

"Community Health of South Florida, Inc. is very pleased with the efforts of United Healthcare in providing services to the residents of South Florida, especially the uninsured and underinsured," said Brodes H. Hartley, Jr., "CHI's collaboration with United Healthcare has proven to be exceptional to the community that we serve."

**August 14, 2010:** CHI's Back to School Health Awareness Health Fair was held at Southland Mall. CHI had more than 55 exhibitors providing health education information to the community and shoppers. Florida Heart Research Institute screened over 94 adults. Follow-up appointments were scheduled for individuals identified with risk factors. The kids enjoyed free backpacks, face painting, a magic show and danced along with the Paramount Dance Studio of Homestead. According to Maggie Anzardo, Marketing Director for Southland Mall, "It was our pleasure to have CHI back for the 8<sup>th</sup> consecutive year and the turnout was phenomenal."

**August 20, 2010:** For Farmworkers Health Day, CHI partnered with the Everglades Community Association and Miami Dade Police Department to sponsor a Back to School Health and Safety Expo. Free back packs and health information was provided to over 700 children and adult residents.

**August 21, 2010:** For the Back to School PE Day, CHI and Miami Dade County Public Health Department partnered with Federally Qualified Health Centers to provide immunizations and school physicals. This great opportunity allowed parents to prepare for the first day of school. School PE day was held at the following locations - Doris Ison Center, Martin Luther King Clinica Campensina, Naranja Health Center, South Dade Health Center, Everglades and Marathon Health Center. Mini clinics were held at Doris Ison Urgent Care and Martin Luther King Urgent Care Centers on August 23<sup>rd</sup> through August 27<sup>th</sup>.

**August 25, 2010:** CHI ended the celebration and recognition of National Health Center Week as a sponsor of the Chamber South Breakfast at The Dadeland Marriot. Brodes H. Hartley, Jr. President & CEO of CHI was the Keynote speaker.

## ACTion Hero



Mr. Brodes Hartley Jr., Dr. Amador-Delvalle &  
Dr. Anthony Amofah

Dr. Esther Amador-Delvalle was our ACTion Hero at CHI in July. Dr. Amador-Delvalle was extremely surprised and honored to receive this award directly from Brodes H. Hartley, Jr., President/CEO. With the ACTion Hero Award, Dr. Amador-Delvalle received a Certificate of Recognition and a dinner for two at Flemings restaurant. Dr. Amador-Delvalle has been an employee of CHI for two years and is a great asset to CHI. “She is one of the most productive providers and managers to provide a level of compassion of care that is exemplary,” says Dr. Amofah. She is a team player and commands respect from her colleagues and staff. Dr. Amador-Delvalle is married with a beautiful 5 year old daughter and loves spending time with her family and enjoys dancing as a hobby. Keep up the good work, Dr. Amador-Delvalle! CHI is very fortunate to have employees like her.

## Importance of Oral Health to Overall Health

Information courtesy of the Academy of General Dentistry

Oral health means more than just an attractive smile. Poor oral health and untreated oral diseases and conditions can have a significant impact on quality of life, and in many cases, the condition of the mouth mirrors the condition of the body as a whole. Recent reports indicate a relationship between periodontal (gum) disease and stroke, heart disease and preterm low-birth-weight babies. Likewise, more than 90 percent of all systemic diseases have oral manifestations, meaning your dentist may be the first health care provider to diagnose a health problem. According to the Surgeon General's report on oral health in America, released in 2000, a large percentage of the population suffers from a reduced quality of life due to oral and facial pain. This pain is largely due to infections of the gums that can lead to tooth loss. More than 75 percent of the population is affected by some type of gum disease. Reports show that infections in the mouth can affect major organs. For example, oral bacteria can travel through the bloodstream to the heart, where they can cause bacterial endocarditis, a condition in which the lining of the heart and heart valves become inflamed. Poor mouth care also can contribute to oral cancer. In addition, poor oral health affects the digestive process, which begins with physical and chemical activities in the mouth.

## 2010 Employee Awards Banquet

Come join us!  
Hotel Intercontinental West Miami  
2505 NW 87th Avenue  
September 18th, 2010 at 7pm

Please purchase your tickets by  
Friday, September 10th, 2010  
Contact Ext. 4032

## CHI Security Update



- Always wear your badge.
- Be alert.
- Look out for your fellow employees.

## Joint Commission: 2010 Long Term Care National Patient Safety Goals

- Identify residents correctly** Use at least two ways to identify residents. For example, use the resident's name and date of birth. This is done to make sure that each resident gets the medicine and treatment meant for them.
- Use medicines safely** Take extra care with residents who take medicines to thin their blood.
- Prevent infection** Use the hand cleaning guidelines from the Centers for Disease Control and Prevention or the World Health Organization.  
Use proven guidelines to prevent infection of the blood from central lines.
- Check resident medicines** Find out what medicines each resident is taking. Make sure that it is OK for the resident to take any new medicines with their current medicines.  
Give a list of the resident's medicines to their next caregiver. Give the list to the resident's regular doctor before the resident goes home.  
Give a list of the resident's medicines to the resident and their family before they go home.  
Explain the list.  
Some residents may get medicine in small amounts or for a short time. Make sure that it is OK for those residents to take those medicines with their current medicines.
- Prevent residents from falling** Find out which residents are most likely to fall. For example, is the resident taking any medicines that might make them weak, dizzy or sleepy? Take action to prevent falls for these residents.
- Prevent bed sores** Find out which residents are most likely to have bed sores. Take action to prevent bed sores in these patients. From time to time, re-check residents for bed sores.

[http://www.jointcommission.org/GeneralPublic/NPSG/10\\_npsgs.htm](http://www.jointcommission.org/GeneralPublic/NPSG/10_npsgs.htm)

## 2010 Theme: ACT

# ACT– Accountability and Compliance Today

### Current Events

National Suicide Prevention Week	September 5 - 11
Labor Day (Clinics Closed)	September 6
National Celiac Disease Awareness Day	September 13
CHI Employee Awards Banquet	September 18
National Farm Safety & Health Week	September 19 - 25
World Alzheimer's Day	September 21
World Heart Day	September 26

### Learn about SPEC at CHI!

S - Strength

P - Prevention

E - Empowerment

C - Community Change