

Celebrity Golf Tournament Aims To Build Children's Crisis Center For Troubled Kids

Former NBA All Star Glen Rice hit the links on April 27, 2018, golfing to ensure children in South Florida have a place to go for intensive in-patient behavioral health treatment.

Rice said he wants to help Community Health of South Florida Inc. (CHI) make good on its promise to build a 20 bed in-patient children's crisis facility. It would mend a gaping wound in the community as there is a shortage of such facilities for children with severe behavioral health issues. It is a hot button issue as the nation is still reeling in the aftermath of another school shooting linked to mental illness and increases in childhood suicides.

"I am so proud to be a part of this fundraiser," said Rice. "I do it because I know the work that CHI does enables kids to heal their hearts and minds. This is something that affects all of us. Together we need to make a change."

Jahira Towner also believes in the cause. The 11-year-old attended the golf tournament with her mother to tell golfers about her plight with mental health treatment and encourage them to invest in the crisis center.

"It feels like you're in a dark hole," recalls Towner. "You can't see, you can't think or feel anything. It's like you're sad and there is no happiness."

When Towner was just 7-years-old she fell into a deep depression and became suicidal. Her mother immediately put her in therapy at CHI. After a while the shy



Glen Rice and friends enjoyed their day on the golf course at the CHI Celebrity Golf Tournament.

young girl began to open up and heal. Today she is in a better place.

"CHI was the place that helped me to be happy," she said. "So, I feel like it would help other people be happy."

More than 100 golfers participated in the Glen Rice Celebrity Golf tournament at Shula's Golf Club and raised more than \$42,000 towards the cause.

"We are grateful for all of the support and will turn this goodwill into a critical resource" said Brodes H. Hartley Jr., President and CEO. "We can't build this crisis center fast enough. We have to reach those young people who are at risk to themselves and at risk to others."

CHI is hoping to break ground on the new

Dr. Jacquelyn T. Hartley Children's Crisis Center in South Dade next to its Doris Ison Health Center at 10300 SW 216th St. Miami FL 33190.

"We love our partnership with CHI and we always look forward to supporting them in any way that we can," said Ken Justilien, Sales Executive with Southeastern. His company played a foursome in the tournament. "We know it is all going for a tremendous cause."

Organizations throughout South Florida supported the tournament including the following top sponsors: Refined Benefits Inc. dba, Sullivan, RDS Restored Digital Solutions and American Medical Supplies and Equipment.

A Message from the President



Community Health of South Florida, Inc. (CHI) continues to be recognized for excellence on a national level. Most recently, the U.S. Department of Health and Human Services (HRSA) named CHI as a “Health Center Quality Leader.” CHI received the award for placing among the top 30 percent nationwide in clinical quality measures.

In addition, the American Heart Association recognized CHI for its efforts to reduce heart attacks and strokes through its target blood pressure recognition program. This is an innovative program that uses technology to help patients learn to do self-assessments and be more instrumental in their own health care improvements.

I want to thank our staff for their continued dedication and commitment to providing the best care to our patients. I also have many thanks for those in the community that have embraced the mission of CHI by supporting our annual Glen Rice Celebrity Golf Tournament. The fundraiser pushes us closer to accomplish our goal of building a Children’s Crisis Center. If you didn’t get a chance to golf with us, you can still be part of this important project. Your annual financial contributions help ensure children get the intensive mental health treatment that they need. To donate or for more information you can go to chisouthfl.org/foundation.

CHI wants you to take charge of your health. As such, we have organized two exciting events to kick start those efforts. On May 4th, we will host a Women’s Health event beginning at 6pm at our Doris Ison Health Center 10300 SW 216 St. It will start with Zumba and then go into a walk around the campus, all to the tunes of Beyoncé. The event will wrap up with a health fair including screenings, massages and more. The men’s health event will take place on June 21st at 6pm also at our Doris Ison Health Center. We will have games, information on how to improve your health and plenty of fun, including a watch party on the big screen for the NBA draft. So, join us for these events, enjoy yourself while taking a step forward in your healthcare.

Sincerely,

A handwritten signature in black ink that reads "Brodes H. Hartley Jr." in a cursive style.

Brodes H. Hartley Jr.

President and CEO



NURSES ARE THE HEART OF HEALTHCARE

CHI SALUTES ITS NURSES ON NURSES DAY, SUNDAY MAY 6TH

*May all the care and kindness you give to others
come back to warm your heart.*

Residents' Research Builds On Quality Improvement

The residents in the Brodes H. Hartley Jr. Teaching Health Center program at Community Health of South Florida, Inc. (CHI) are doing innovative research aimed at improving the quality of care for CHI patients and others. While it is part of their program requirements, their efforts are uncovering some enlightening ideas for all involved.

"I am very impressed," remarked Elizabeth Philippe, MD, ADME, ADIO, Family Medicine Residency Program Director. "Their research has been very appropriate and center specific. They have shown us areas where we can make improvements for medical treat-

ments and positively affect the lives of our patients."

Raul Molina D.O. and Christine Dunlop D.O, both residents in Family Medicine, completed a study that looks at changing the medication of patients using the anti-coagulation or blood thinning drug Warfarin.

Diet, other medications and much more can affect the way Warfarin works in a person's body. Some patients taking it need to be monitored on a weekly basis at CHI's anti-coagulation clinic.

Sometimes it requires the medical team to adjust the dosage.

"If they take too much the risk of bleeding is really high," said Dr. Molina. "It can be hard for the patient to keep track if we are regularly adjusting the dosage."

But new medications such as Xarelto, Eliquis and Pradaxa don't require this close monitoring.

Drs. Molina and Dunlop reviewed the charts of many of the patients on anti-coagulants and identified nearly a dozen that can be transitioned to the newer, easier to use medications.

He presented the findings at a Florida medical conference and plans to do so again at an upcoming conference in Washington, D.C.

Another resident, Lisa Lownsbury



Lisa Lownsbury D.O is researching wellness for physicians to reduce stress and burnout.

D.O., is researching ways to start a wellness program for residents at CHI. Nationwide, 400 doctors commit suicide due to stress and anxiety every year, a rate higher than the general population.

"So, the idea behind physician wellness is to address some of these issues," said Dr. Lownsbury. "It affects finance because if you are burnt out you're not seeing as many patients and you might be grumpy, nobody wants that."

Dr. Lownsbury is looking at forming a support group, activities for the residents, healthy snacks, yoga and meditation lectures.



Raul Molina D.O. conducted research on improvements in anti-coagulation medications for CHI patients



MEN'S HEALTH CELEBRATION AND DRAFT PARTY FREE EVENT

Join us as we recognize men's health on June 21st at 6pm at the Doris Ison Health Center, 10300 SW 216 St. Miami, FL 33190

Health education, watch the NBA draft on the big screen, games, dinner, refreshments and more!

Philippe to Lead Education and Infection Prevention and Control at CHI

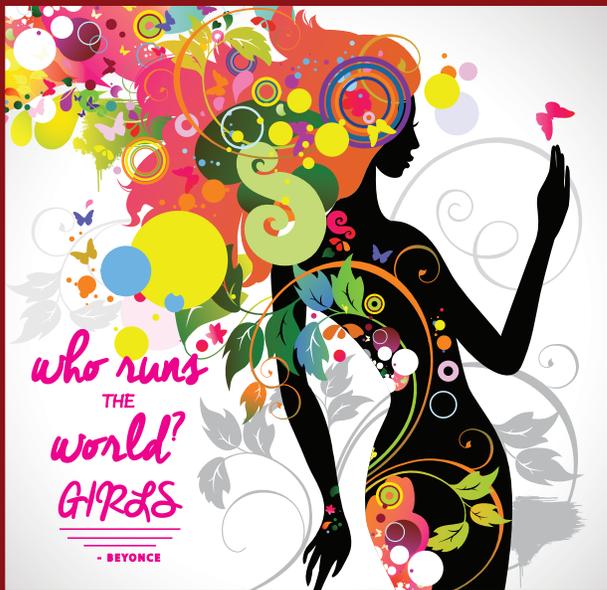
Patricia Philippe, RN II, BSN, MSN is the new Director of Education and Infection Prevention and Control at Community Health of South Florida Inc. (CHI). She was recently promoted to this position for her exemplary leadership in CHI's Urgent Care Center.

"Patricia has demonstrated compassion and commitment during her tenure with CHI," said Monica Mizell, Chief Nursing Officer. "Her proactive team spirit and cultural competence make her an asset and key component to the CHI team. Promoting her to her new position was a win for our agency."

Philippe believes in always treating others as she would like to be treated, regardless of their ethnicity, level of education and social class. Early in her career she provided dental care to some of the neediest communities in Haiti and later focused on education, promotion of oral health and prevention of dental illness among children and pregnant women in Canada. Philippe has a Doctorate in Dental Medicine and a Masters in Community Dental Health and Preventative Dentistry. She also received her Bachelors in Nursing from the University of Montreal College of Nursing in Canada.



Patricia Philippe is promoted to Education and Infection Prevention and Control



May 4th, 2018 Doris Ison Health Center Campus
10300 SW 216 St. Miami FL 33190

Kick off Women's Health Week
with Community Health of South Florida Inc.
as women and girls unite to take care of ourselves!

WERK IT! 6pm Zumba to Beyonce Anthem Songs
WALK IT! 6:30 Walk kicks off
RELAX! 7pm Health fair including health screenings,
massages, lite bites, refreshments and more!

Free event
For more information
call (305)252-4853



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